



100 DAYS OF PRAYER

Series 5

Presented by  Sisters of
St. Joseph
OF ORANGE

100 DAYS OF PRAYER

May 12-18, 2019

SERIES 5: MAY 12 - AUGUST 19, 2019

Begin with the prayer below, then go to the prayer for the day.

God of wisdom and mercy, grant us patience to listen; compassion to be open to other views and opinions; generosity to forgive and grace to change. As you taught us to love our dear neighbor, we pray that you give us strength to be healing instruments of unity and reconciliation.

<p>DAY: 1 SUNDAY MAY 12</p>	<p>MOTHER'S DAY - God of love, today we pray for all mothers and motherly figures who love us unconditionally. We pray that You protect them, as mothers are the gentle spirits who provide us with love, hope and strength.</p>
<p>DAY: 2 MONDAY MAY 13</p>	<p>Today we remember and pray for our sisters and brothers in New Zealand, and for all people who continue to mourn for loved ones who lost their lives in terrorist attacks around the world.</p>
<p>DAY: 3 TUESDAY MAY 14</p>	<p>Nurturing God, we pray for all the young adults rising around the world who demand action from those in power to protect our planet from the devastation of climate change. Help us to be good caretakers of what You have given us.</p>
<p>DAY: 4 WEDNESDAY MAY 15</p>	<p>As You have been generous with abundant gifts to all people, may we be generous in heart to welcome the stranger, unsparing with food for those who are hungry and compassionate to those in anguish.</p>
<p>DAY: 5 THURSDAY MAY 16</p>	<p>Today we pray for the many families around the world who face despair and distress as they confront the difficult choice of having to flee the only place they know and trust as their home.</p>
<p>DAY: 6 FRIDAY MAY 17</p>	<p>God of Wisdom, awaken our hearts and minds to be open to the gifts and talents other cultures bring to our communities. May we learn to appreciate how valuable these contributions are to our nation's progress.</p>
<p>DAY: 7 SATURDAY MAY 18</p>	<p>Today we pray for civilized dialogue within our government, our communities and throughout our nation. Guide us with Your wisdom toward acceptance and respect for one another.</p>
<p>OPTION TO TAKE ACTION</p>	<p><i>Protect the right to vote and expand voting rights across the country.</i> <i>Click here or copy this link to take action: http://bit.ly/100dop19A13</i></p>

100 DAYS OF PRAYER

May 19-25, 2019

SERIES 5: MAY 12 - AUGUST 19, 2019

Begin with the prayer below, then go to the prayer for the day.

God of wisdom and mercy, grant us patience to listen; compassion to be open to other views and opinions; generosity to forgive and grace to change. As you taught us to love our dear neighbor, we pray that you give us strength to be healing instruments of unity and reconciliation.

<p>DAY: 8 SUNDAY MAY 19</p>	<p>Today we pray for all the peacemakers around the world who lovingly labor to build a world where human rights are respected, ecosystems are protected and sisters and brothers are appreciated.</p>
<p>DAY: 9 MONDAY MAY 20</p>	<p>God of love, change is hard for us, yet we pray to be alert to our actions and realize when we need to make changes in our way of living when others' lives are at stake. Help us change to protect species threatened by extinction.</p>
<p>DAY: 10 TUESDAY MAY 21</p>	<p>Today we pray for the people in Venezuela who suffer from hunger and despair. May they be liberated from this devastation and receive the much-needed resources, support and human dignity to renew their lives.</p>
<p>DAY: 11 WEDNESDAY MAY 22</p>	<p>Loving God, we pray for people throughout the world who are denied basic living conditions. May they be given the opportunity to thrive in their communities and feel safe in their own homes.</p>
<p>DAY: 12 THURSDAY MAY 23</p>	<p>Today we pray for civilized dialogue within our government, our communities and throughout our nation. Guide us with Your wisdom towards acceptance and respect for one another.</p>
<p>DAY: 13 FRIDAY MAY 24</p>	<p>God of unity, drawn by Your love we pray to work together to build a nation where there is no longer us vs. them. We pray that respect and understanding overcome inequality and division.</p>
<p>DAY: 14 SATURDAY MAY 25</p>	<p>We pray for children who remain detained, unaccompanied minors on difficult and uncertain journeys, and children still separated from their parents. Please move legislators' hearts toward compassion, action and accountability.</p>
<p>OPTION TO TAKE ACTION</p>	<p><i>Pledge to be counted and educate your community about the importance of the 2020 census.</i> <i>Click here or copy this link to take action: http://bit.ly/100dop19A14</i></p>

100 DAYS OF PRAYER

May 26 - June 1, 2019

SERIES 5: MAY 12 - AUGUST 19, 2019

Begin with the prayer below, then go to the prayer for the day.

God of wisdom and mercy, grant us patience to listen; compassion to be open to other views and opinions; generosity to forgive and grace to change. As you taught us to love our dear neighbor, we pray that you give us strength to be healing instruments of unity and reconciliation.

<p>DAY: 15 SUNDAY MAY 26</p>	<p>God, thank you for the free will you have given us. Help us make wise choices to care for one another and the environment that sustains us. Strengthen our will to make choices that help one another, starting with my choice today of...</p>
<p>DAY: 16 MONDAY MAY 27</p>	<p>MEMORIAL DAY - We remember in prayer those who gave their lives in service to their country. We remember all loved ones left behind, and pray for their relief from enduring grief and loss.</p>
<p>DAY: 17 TUESDAY MAY 28</p>	<p>Today we pray for those entering the work force for the first time. May they find jobs that pay a just wage for their good work. Guide those with new income to awaken to charity that helps one another.</p>
<p>DAY: 18 WEDNESDAY MAY 29</p>	<p>Today we pray for government transparency and courage among legislators to prevent an unjustified build up to war with Iran. Do not allow pride to harden our hearts. Guide diplomats to talk about a lasting and just peace.</p>
<p>DAY: 19 THURSDAY MAY 30</p>	<p>God of abundance, let us not hoard what we don't need at the expense of others. Grant us generous hearts to share your bounty. Empower those who are well-resourced in any way to help those who do not have enough.</p>
<p>DAY: 20 FRIDAY MAY 31</p>	<p>We pray for those who need to cross borders because of dire circumstances. We pray for those watching borders to keep everyone safe. We pray for legislators to re-think borders to reflect the needs of the world today.</p>
<p>DAY: 21 SATURDAY JUNE 1</p>	<p>Compassionate God, help us navigate our political climate to draw people together. When we disagree, empower us to build bridges and respond in love. May trolls who inflame division repent and find a new purpose pleasing to You.</p>
<p>OPTION TO TAKE ACTION</p>	<p><i>Speak up against palm oil companies who violate human rights and contribute to the destruction of rainforests.</i> Click here or copy this link to take action: http://bit.ly/100dop19A15</p>

100 DAYS OF PRAYER

June 2-8, 2019

SERIES 5: MAY 12 - AUGUST 19, 2019

Begin with the prayer below, then go to the prayer for the day.

God of wisdom and mercy, grant us patience to listen; compassion to be open to other views and opinions; generosity to forgive and grace to change. As you taught us to love our dear neighbor, we pray that you give us strength to be healing instruments of unity and reconciliation.

<p>DAY: 22 SUNDAY JUNE 2</p>	<p>Today we pray that all branches of government commit to work together. Let justice be served where there are crimes and abuses, and dissolve the partisan, private, and selfish agendas of those who do not serve the common good.</p>
<p>DAY: 23 MONDAY JUNE 3</p>	<p>God, heal us. We ask You to heal those struggling with their mental health. When healing isn't part of the plan, then please build a community of support that restores the weary and prevents breakdowns or violence.</p>
<p>DAY: 24 TUESDAY JUNE 4</p>	<p>We pray for prosperity and safety for all people. Watch over our brothers and sisters by busting gang violence and building infrastructure and services that benefit the people. Let no one feel compelled to flee their homeland.</p>
<p>DAY: 25 WEDNESDAY JUNE 5</p>	<p>May our little daily actions to care for creation be multiplied to benefit our environment today, and our human family that will inherit what we have done.</p>
<p>DAY: 26 THURSDAY JUNE 6</p>	<p>God, on this anniversary of the D-Day invasion in Europe, we pray for cooperation and dialogue among nations to prevent conflict and alleviate conditions that cause ignorance, poverty, suffering and oppression.</p>
<p>DAY: 27 FRIDAY JUNE 7</p>	<p>God of abundance, guide all economies so that our efforts in the workplace are justly rewarded with fair compensation that covers our primary living expenses of food, health care and housing.</p>
<p>DAY: 28 SATURDAY JUNE 8</p>	<p>Today we pray for the many presidential candidates, including the incumbent, in the next U.S. election. May their long campaign season be unifying rather than divisive, and bring forward innovative ideas that serve people in need.</p>
<p>OPTION TO TAKE ACTION</p>	<p><i>Urge Congress to support funding for gun violence research in the U.S. Click here or copy this link to take action: http://bit.ly/100dop19A16</i></p>

100 DAYS OF PRAYER

June 9-15, 2019

SERIES 5: MAY 12 - AUGUST 19, 2019

Begin with the prayer below, then go to the prayer for the day.

God of wisdom and mercy, grant us patience to listen; compassion to be open to other views and opinions; generosity to forgive and grace to change. As you taught us to love our dear neighbor, we pray that you give us strength to be healing instruments of unity and reconciliation.

<p>DAY: 29 SUNDAY JUNE 9</p>	<p>Today we pray for those making life transitions. May the discomfort caused by change lead toward better circumstances including health, peace, prosperity, and unity.</p>
<p>DAY: 30 MONDAY JUNE 10</p>	<p>Compassionate God, guide our leaders when introducing new legislation or making key decisions, to be inclusive of all our sisters and brothers living in marginalized communities.</p>
<p>DAY: 31 TUESDAY JUNE 11</p>	<p>Today we pray to listen respectfully to those with whom we disagree, that we serve others without judgement and that we be tolerant when we face different ideologies and/or cultures.</p>
<p>DAY: 32 WEDNESDAY JUNE 12</p>	<p>WORLD DAY AGAINST CHILD LABOR - Loving God, we pray for You to protect the millions of children who are exploited and forced into child labor without an opportunity to go to school, or have playtime.</p>
<p>DAY: 33 THURSDAY JUNE 13</p>	<p>Today we pray for courage to speak up against abuse, harassment and bullying within our families, schools, places of work, communities and religious institutions.</p>
<p>DAY: 34 FRIDAY JUNE 14</p>	<p>God of mercy, we pray the justice system that failed to protect the Indigenous women and girls in Canada be restructured to make sure their human rights are respected and they are protected.</p>
<p>DAY: 35 SATURDAY JUNE 15</p>	<p>We pray that we are moved to change our consumption patterns to ways that prevent degradation of our ecosystems and protect our earth's finite resources including air, water and soil.</p>
<p>OPTION TO TAKE ACTION</p>	<p><i>Take action against child slavery by purchasing Fair Trade chocolate. Click here or copy this link to take action: http://bit.ly/100dop19A17</i></p>

100 DAYS OF PRAYER

June 16-22, 2019

SERIES 5: MAY 12 - AUGUST 19, 2019

Begin with the prayer below, then go to the prayer for the day.

God of wisdom and mercy, grant us patience to listen; compassion to be open to other views and opinions; generosity to forgive and grace to change. As you taught us to love our dear neighbor, we pray that you give us strength to be healing instruments of unity and reconciliation.

<p>DAY: 36 SUNDAY JUNE 16</p>	<p>FATHER'S DAY - Today we pray for all fathers. We give thanks for their support and courage. Thank you for the moments that reveal their tenderness, steadfastness and love to offer us strength and hope when we need it most.</p>
<p>DAY: 37 MONDAY JUNE 17</p>	<p>O Lord, You guide us to be inclusive and understanding of each other; to opt for peace and unity in our daily lives. Embrace us with hope as we try to work as brothers and sisters in fulfilling Your mission.</p>
<p>DAY: 38 TUESDAY JUNE 18</p>	<p>4th ANNIVERSARY OF LAUDATO SI' - Loving God, guide us to protect "our common home." Let us work together to preserve the beauty in Your creation from the smallest creatures to immense mountain ranges and vast oceans.</p>
<p>DAY: 39 WEDNESDAY JUNE 19</p>	<p>God of compassion, we ask for healing within our families and local communities that can lead to a more unified nation where diversity is welcome and acceptance of one another is embraced.</p>
<p>DAY: 40 THURSDAY JUNE 20</p>	<p>WORLD REFUGEE DAY - Today we pray for the safety and wellbeing of millions of refugees, especially those displaced within their own country. We pray for compassion from those making decisions on their behalf.</p>
<p>DAY: 41 FRIDAY JUNE 21</p>	<p>Merciful God, we pray for religious tolerance. Gift us with compassion and understanding for each other to break down divisions and create a more peaceful world where younger generations can thrive.</p>
<p>DAY: 42 SATURDAY JUNE 22</p>	<p>Today we pray for the Colombian people as they continue to take in the thousands of desperate Venezuelan refugees and provide them with much needed humanitarian assistance. May they see an end to this crisis soon.</p>
<p>OPTION TO TAKE ACTION</p>	<p><i>Advocate for our common home by taking the Laudato Si' Pledge: Click here or copy this link to take action: http://bit.ly/100dop19A18</i></p>

100 DAYS OF PRAYER

June 23-29, 2019

SERIES 5: MAY 12 - AUGUST 19, 2019

Begin with the prayer below, then go to the prayer for the day.

God of wisdom and mercy, grant us patience to listen; compassion to be open to other views and opinions; generosity to forgive and grace to change. As you taught us to love our dear neighbor, we pray that you give us strength to be healing instruments of unity and reconciliation.

DAY: 43 SUNDAY JUNE 23	Today we pray for the people of Hong Kong. May their protests to protect existing freedoms remain peaceful.
DAY: 44 MONDAY JUNE 24	God, we ask You to remedy all the causes of gun violence, from diminished mental health to acquisition of tools designed to kill. Inspire us to carry each other instead of carrying weapons.
DAY: 45 TUESDAY JUNE 25	Today we pray for the homeless, especially those concentrated in Los Angeles. Inspire and unite leaders to collaborate and find bold solutions to the multi-layered crisis. Infuse their effort with compassion and attention to dignity.
DAY: 46 WEDNESDAY JUNE 26	God of wisdom, help us to see and listen as You do when we observe and comment on presidential candidates. Guide candidates and voters to rise above divisive rhetoric and focus on what will benefit the common good.
DAY: 47 THURSDAY JUNE 27	Today we pray for the 55 children still separated from their parents after arriving at the U.S. - Mexico border. Help parents to be found and reunited with their kids. May You be the healing presence to their childhood trauma.
DAY: 48 FRIDAY JUNE 28	We pray for a break from extreme weather and a decrease in drought, heatwaves, floods, and wildfires. Enable us to help each other using a long view that cares for creation, and new habits that change climate trends.
DAY: 49 SATURDAY JUNE 29	God of provision, we are caretakers of what You have given us. May we develop budgets as moral documents and administer them in ways that honor You. If we are blessed with abundance, show us where we can help those in need.
OPTION TO TAKE ACTION	<i>Help replenish fish populations naturally by choosing responsibly grown and harvested seafood.</i> <i>Click here or copy this link to take action: http://bit.ly/100dop19A19</i>

100 DAYS OF PRAYER

June 30 - July 6, 2019

SERIES 5: MAY 12 - AUGUST 19, 2019

Begin with the prayer below, then go to the prayer for the day.

God of wisdom and mercy, grant us patience to listen; compassion to be open to other views and opinions; generosity to forgive and grace to change. As you taught us to love our dear neighbor, we pray that you give us strength to be healing instruments of unity and reconciliation.

<p>DAY: 50 SUNDAY JUNE 30</p>	<p>As record numbers of people travel this summer, I pray for open eyes and a heart to recognize and appreciate the treasures You have created in our common home. Help me to nurture ecological sustainability and peace.</p>
<p>DAY: 51 MONDAY JULY 1</p>	<p>Today I pray for the people of El Salvador, Guatemala and Honduras. Heavenly God, watch over our brothers and sisters in these nations. Bless each of them with cooperation, peace and prosperity.</p>
<p>DAY: 52 TUESDAY JULY 2</p>	<p>Heavenly God, You made us in wonderful varieties. Encourage me to celebrate the uniqueness I find in others. Help me to be brave and relinquish fears of people who look and act differently than I do.</p>
<p>DAY: 53 WEDNESDAY JULY 3</p>	<p>God of abundance, as many prepare for holiday festivities, awaken me to those who do not have a home or enough food to eat. Show me a way that I may help my brothers and sisters who are hungry or displaced. Help me to act.</p>
<p>DAY: 54 THURSDAY JULY 4</p>	<p>INDEPENDENCE DAY - I pray with gratitude for freedom from tyranny and the sacrifices made by those who've come before me. May I also be grateful for interdependence, appreciate those who help me, and be alert to help others.</p>
<p>DAY: 55 FRIDAY JULY 5</p>	<p>Loving God, You know the mother, her infant and toddler children who lost their lives crossing the Rio Grande last week. I pray for their souls. Help me create a world where people do not lose their lives in search of a better one.</p>
<p>DAY: 56 SATURDAY JULY 6</p>	<p>Holy Spirit, inspire me to be a reassuring presence to benefit the psychological health of people I encounter. May Your encouragement live within me to lift up others to feel clear-headed, unafraid, valued, worry-free and loved.</p>
<p>OPTION TO TAKE ACTION</p>	<p>Contact your Representative today and ask him/her to support H.R. 2615, which addresses root causes of migration in El Salvador, Guatemala and Honduras. To find your Representative, visit https://www.house.gov/representatives/find-your-representative. Click here or copy this link to take action: http://bit.ly/100dop19A20.</p>

100 DAYS OF PRAYER

July 7 - 13, 2019

SERIES 5: MAY 12 - AUGUST 19, 2019

Begin with the prayer below, then go to the prayer for the day.

God of wisdom and mercy, grant us patience to listen; compassion to be open to other views and opinions; generosity to forgive and grace to change. As you taught us to love our dear neighbor, we pray that you give us strength to be healing instruments of unity and reconciliation.

<p>DAY: 57 SUNDAY JULY 7</p>	<p>I pray for the desperate parents and children who risk their lives trying to cross the U.S.- Mexico border in search of refuge. God, give them hope and resilience. I also pray for migrants who've died on their journey.</p>
<p>DAY: 58 MONDAY JULY 8</p>	<p>Loving God, give me courage as I try to be open and welcoming to others with different opinions. I pray You fill my heart with understanding and openness.</p>
<p>DAY: 59 TUESDAY JULY 9</p>	<p>Today I pray for my sisters and brothers in Sudan who are exposing their lives to uncertainty and danger as they participate in protests to make their voices heard.</p>
<p>DAY: 60 WEDNESDAY JULY 10</p>	<p>Compassionate God, You have shown me that being is more meaningful and rewarding than having material "stuff." I pray that I follow Your example and share with others, especially those without essentials like food and shelter.</p>
<p>DAY: 61 THURSDAY JULY 11</p>	<p>Today I pray for forgiveness for any adverse actions I may have taken that resulted in harm to others. Help me to be aware of my actions and become a more thoughtful and gentle person.</p>
<p>DAY: 62 FRIDAY JULY 12</p>	<p>Generous God, I commit to enjoy today, to be a prayerful presence to all I encounter, to be grateful for Your generous gifts, and to let go of any judgements I may have towards my dear neighbor.</p>
<p>DAY: 63 SATURDAY JULY 13</p>	<p>Today I pray legislators make decisions that provide humane immigration policies. May these actions protect refugees who find themselves in anguish and desperation as they search for a new life.</p>
<p>OPTION TO TAKE ACTION</p>	<p><i>Take action to stop attacks on the people of Sudan, who are peacefully protesting. Click here or copy this link to take action: http://bit.ly/100dop19A21.</i></p>

100 DAYS OF PRAYER

July 14-20, 2019

SERIES 5: MAY 12 - AUGUST 19, 2019

Begin with the prayer below, then go to the prayer for the day.

God of wisdom and mercy, grant us patience to listen; compassion to be open to other views and opinions; generosity to forgive and grace to change. As you taught us to love our dear neighbor, we pray that you give us strength to be healing instruments of unity and reconciliation.

DAY: 64 SUNDAY JULY 14	Compassionate God, I pray for all of those on death row. May legislators' hearts be touched by Your grace to end the use of the death penalty. Only you can see all ends. Let us trust in Your grace and end executions by the state.
DAY: 65 MONDAY JULY 15	I pray that my eyes are open to the environmental impact of my consumption when I make a purchase or consume a product. Help me recognize my footprint in our world and its affects on others today and in future generations.
DAY: 66 TUESDAY JULY 16	Almighty God, I pray that victims of torture find an end to their suffering and discover strength, courage and peace in You. Convert the hearts of those inflicting torture to stop their heinous acts and seek forgiveness.
DAY: 67 WEDNESDAY JULY 17	Today I pray for the people of Brazil who struggle to live in a democracy continuously afflicted with corruption charges. Infuse their leaders with integrity and wisdom to respond to the needs of the people they serve.
DAY: 68 THURSDAY JULY 18	God of Grace, I pray for all of those struggling with barriers to gender equality. May equal treatment under the law become a reality.
DAY: 69 FRIDAY JULY 19	Today I pray for the workers who labor at two or three jobs in order to provide food, shelter, education, and healthcare for their families. I pray that policy makers and business leaders find the courage to address unfair wages.
DAY: 70 SATURDAY JULY 20	I pray in thanksgiving today for all healthcare providers who are assisting our vulnerable sisters and brothers in refugee camps, detention centers, war-torn zones and in prisons around the world.
OPTION TO TAKE ACTION	<i>Caring for creation is also caring for one another. Learn more about a Green New Deal. Click here or copy this link to take action: http://bit.ly/100dop19A23</i>

100 DAYS OF PRAYER

July 21-27, 2019

SERIES 5: MAY 12 - AUGUST 19, 2019

Begin with the prayer below, then go to the prayer for the day.

God of wisdom and mercy, grant us patience to listen; compassion to be open to other views and opinions; generosity to forgive and grace to change. As you taught us to love our dear neighbor, we pray that you give us strength to be healing instruments of unity and reconciliation.

<p>DAY: 71 SUNDAY JULY 21</p>	<p>Loving God, I pray for an open heart to recognize racism, and courage to take action to stop it. Help me follow your example of love for people who are limited, excluded or harmed by societal - or my own - biases.</p>
<p>DAY: 72 MONDAY JULY 22</p>	<p>I pray for the countless, complex life stories at the US - Mexico border to find happy endings. Guide those seeking a new life from poverty and violence. Provide wisdom and compassion to those trying to uphold the law. Protect all.</p>
<p>DAY: 73 TUESDAY JULY 23</p>	<p>Today I pray for an end to politics of division. God of unity, empower leaders who bring people together. Watch over long-running campaigns so that all behave with civility and dignity. Gift us with an ability to end divisiveness.</p>
<p>DAY: 74 WEDNESDAY JULY 24</p>	<p>Compassionate God, stretch your healing ministry beyond doctors and nurses to the business people who make the best care possible. Enable business and lawmakers to mix and result in excellent, affordable and available healthcare.</p>
<p>DAY: 75 THURSDAY JULY 25</p>	<p>I pray for the people and leaders of Turkey who are figuratively and literally caught between the east and west. Fill their hearts with compassion, peace and wisdom to be agents of good for Asia, Europe and the Middle East.</p>
<p>DAY: 76 FRIDAY JULY 26</p>	<p>Today I pray for those battling addictions of any kind. God, please keep people safe from powerful chemicals, and surround those who have lost self control with people who can help them break free from their plight.</p>
<p>DAY: 77 SATURDAY JULY 27</p>	<p>God of creation, help me to care for my brothers and sisters today and in future generations by caring for the great gift of our common home. Give me vision to plan for the future and willpower to change habits to benefit our planet.</p>
<p>OPTION TO TAKE ACTION</p>	<p><i>Take action to make Customs and Border Patrol (CBP) accountable for the inhumane treatment of children and detention centers.</i> Click here or copy this link to take action: http://bit.ly/100dop19A24</p>



DAYS OF PRAYER

July 28 - August 3, 2019

SERIES 5: MAY 12 - AUGUST 19, 2019

Begin with the prayer below, then go to the prayer for the day.

God of wisdom and mercy, grant us patience to listen; compassion to be open to other views and opinions; generosity to forgive and grace to change. As you taught us to love our dear neighbor, we pray that you give us strength to be healing instruments of unity and reconciliation.

DAY: 78 SUNDAY JULY 28	God, You provide me with all that I need because I know you love me. Help me follow Your example. Guide the use of resources - planned through federal budgets or in my own household - to provide results for those most in need.
DAY: 79 MONDAY JULY 29	God of creation, thank you for the gift of our common home. Let us care for it and one another with many, small yet thoughtful steps like planting a tree. Inspire millions of us to plant trees to reforest our planet and clean our air.
DAY: 80 TUESDAY JULY 30	Today I pray to “go back where I came from” because I come from You. With the faith and trust of a child, help me to recognize our similarities, celebrate our differences, bring people together and encourage others to do the same.
DAY: 81 WEDNESDAY JULY 31	God of grace, let me see what You see. May my focus be outward to see the real poor and in need. Destroy the myth of people perceived as undeserving because of a lack of morals or work ethic. Guide me to respond with love.
DAY: 82 THURSDAY AUG 1	Heal my heart, O God, from the divisions created at the US - Mexico border. Unite families and mend the wounds created by their separation. May I take action to sew our rips and tears with compassion for my sisters and brothers.
DAY: 83 FRIDAY AUG 2	The Democratic Republic of Congo needs Your hand to contain an Ebola epidemic. I pray that the disease may be eradicated, and that the health workers attempting to help are safe from infection and conflict.
DAY: 84 SATURDAY AUG 3	Today I pray for safety from all who act out violently. Help me to recognize warning signs and act to prevent the preventable. Grant Your protection to the most vulnerable among us.
OPTION TO TAKE ACTION	<i>Take action to prevent the U.S. from starting a nuclear war.</i> <i>Click here or copy this link to take action: http://bit.ly/100dop19A25</i>

100 DAYS OF PRAYER

August 4 - 10, 2019

SERIES 5: MAY 12 - AUGUST 19, 2019

Begin with the prayer below, then go to the prayer for the day.

God of wisdom and mercy, grant us patience to listen; compassion to be open to other views and opinions; generosity to forgive and grace to change. As you taught us to love our dear neighbor, we pray that you give us strength to be healing instruments of unity and reconciliation.

<p>DAY: 85 SUNDAY AUG 4</p>	<p>On this day, I pray for an end to gun violence in our nation. I pray for the injured and the families of the deceased. Move Congress, state, and local officials to dialogue and enact restrictive gun laws that protect our communities.</p>
<p>DAY: 86 MONDAY AUG 5</p>	<p>God of love, I pray for all the teenagers and young adults who had to flee their home countries to save themselves from the gangs and violence. May they be allowed to be united with their loved ones and find safety in the U.S.</p>
<p>DAY: 87 TUESDAY AUG 6</p>	<p>I pray in solidarity with sisters and brothers around the world for a united, reconciled global family, that welcomes each other with dignity, understanding and acceptance. God, instill in us compassion and love for one another.</p>
<p>DAY: 88 WEDNESDAY AUG 7</p>	<p>Compassionate God, I pray for all who suffer from the effects of climate change. Allow me to see that my actions have consequences that will forever change our future generations' ability to thrive.</p>
<p>DAY: 89 THURSDAY AUG 8</p>	<p>Today I pray that you transform our hearts so that we share resources with those who are unemployed, living in poverty, homeless, and/or hungry. May legislators protect SNAP, which provides food for so many in our communities.</p>
<p>DAY: 90 FRIDAY AUG 9</p>	<p>On the anniversary of the bombing of Nagasaki, I pray for the victims who lost their lives due to war and nuclear weapons. I pray that world leaders be moved towards peaceful dialogue and away from nuclear war.</p>
<p>DAY: 91 SATURDAY AUG 10</p>	<p>Today I pray for Guatemala, one of the poorest countries in Central America, as it may have to face an increase in asylum seekers. I pray for immigrant officials that they treat refugees with dignity and respect and provide needed assistance.</p>
<p>OPTION TO TAKE ACTION</p>	<p><i>Take action to protect indigenous sacred land from construction which would impact their resources. Click or copy this link: http://bit.ly/100dop19A26</i></p>

100 DAYS OF PRAYER

August 11-17, 2019

SERIES 5: MAY 12 - AUGUST 19, 2019

Begin with the prayer below, then go to the prayer for the day.

God of wisdom and mercy, grant us patience to listen; compassion to be open to other views and opinions; generosity to forgive and grace to change. As you taught us to love our dear neighbor, we pray that you give us strength to be healing instruments of unity and reconciliation.

<p>DAY: 92 SUNDAY AUG 11</p>	<p>On this day I pray for the eradication of racism in our nation. May we work together to heal our broken communities and understand that we all belong together as one family in the eyes of our God.</p>
<p>DAY: 93 MONDAY AUG 12</p>	<p>God of mercy, I hold in my heart every person who faces the tremendous pain of losing someone to the inexcusable act of gun violence. Turn all of our pain into action. Help us demand laws from legislators to prevent more bloodshed.</p>
<p>DAY: 94 TUESDAY AUG 13</p>	<p>Today I pray for an end to the immoral and inhumane practice of detaining immigrant children. Protect these innocent children who find themselves suffering the consequences of their parents desperate need to flee.</p>
<p>DAY: 95 WEDNESDAY AUG 14</p>	<p>God of life, I pray that we act now to protect our common home from the effects of climate change. Move us to act now as one and urge our legislators to step up and commit to work together to eradicate the causes of climate crisis.</p>
<p>DAY: 96 THURSDAY AUG 15</p>	<p>Peaceful God, I ask for Your healing. I pray that you lead us toward a culture of nonviolence. Help us become channels of Your love and transform the hearts of those who may experience anger. I pray we unite our voices to heal our nation.</p>
<p>DAY: 97 FRIDAY AUG 16</p>	<p>On this day, I pray that we all join our voices and prayers to confront the ills in our communities that lead to division, hatred and white supremacy. God forgive us our trespasses and lead us into reconciliation and unity.</p>
<p>DAY: 98 SATURDAY AUG 17</p>	<p>My God, enough is enough. Today I pray for the U.S., whose people have experienced so much gun violence and mourned so many innocent victims. May legislators enact laws that lead to abolishing gun violence in our country.</p>
<p>OPTION TO TAKE ACTION</p>	<p><i>Take action to end gun violence.</i> <i>Click or copy this link: http://bit.ly/100dop19A27</i></p>

100 DAYS OF PRAYER

August 18 & 19, 2019

SERIES 5: MAY 12 - AUGUST 19, 2019

Begin with the prayer below, then go to the prayer for the day.

God of wisdom and mercy, grant us patience to listen; compassion to be open to other views and opinions; generosity to forgive and grace to change. As you taught us to love our dear neighbor, we pray that you give us strength to be healing instruments of unity and reconciliation.

<p>DAY: 99 SUNDAY AUG 18</p>	<p>God of all creation, I pray for all species that face extinction. Inspire everyone to lift their voices and urge our lawmakers to protect the Endangered Species Act so that animals and plants that are threatened may have a chance to live.</p>
<p>DAY: 100 MONDAY AUG 19</p>	<p>Today I pray for the Indigenous people in Brazil whose human rights are violated by illegal loggers, miners and land grabbers. Protect them from violence and from profiteering corporations and government.</p>
	<p>Thank you for accompanying us on the journey through 100 DAYS of PRAYER. Please join us soon for the next 100 DAYS of PRAYER series: SEPTEMBER 1 - DECEMBER 9, 2019.</p>
<p>OPTION TO TAKE ACTION</p>	<p><i>Amazon rainforests have been under siege for decades. Help protect it. Learn how and why with this action. Click or copy this link: http://bit.ly/100dop19A28</i></p>